



AmeriHealth Caritas[™]

Delaware

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ProviderPost



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**AmeriHealth Caritas
Delaware is on Facebook.**

Search for **@AmeriHealthCaritasDE**
on Facebook to find us.

Fraud Tip Hotline

1-866-833-9718, 24 hours
a day, seven days a week.

Secure and confidential.
You may remain anonymous.



Make Every Calorie Count

AmeriHealth Caritas Delaware encourages our providers to ask our members with a body mass index (BMI) over 25 to participate in our Make Every Calorie Count program.

Make Every Calorie Count is a weight management program to help our members reach a healthier weight by making small lifestyle changes. The program focuses on setting realistic goals to help our members improve their health one step at a time.

If you identify a member who has a BMI over 25, offer the Make Every Calorie Count program today.

To get started, complete a Let Us Know form and write “Make Every Calorie Count” in the Other section of the form. Fax completed forms to **1-855-806-6242**, and a member of our Rapid Response and Outreach Team will contact you.

Members who begin Make Every Calorie Count will be given a welcome kit that includes a tape measure, pedometer, and a daily food and activity log book to use as they get started.

Our mission
We help people:



We believe everyone
should have access
to quality health care
and services.



Wellness Resources

AmeriHealth Caritas Delaware maintains a web-based registry of wellness, health education, disease management, and self-management programs and activities available for our members in the community, many at no cost to the individual.

Providers can now access an interactive training, **Learning the Wellness Registry**, to learn more about using the portal.

Simply follow the steps below to access the online training module.

Step 1

Visit www.amerihealthcaritasde.com.

Step 2

Select Providers.

Step 3

Select Training and Education.

Step 4

Complete the Learning the Wellness Registry Training.

Step 5

Attest that you have completed the training by selecting the Attestation Form button at the end of the training module.

Step 6

After submitting your completed attestation, your provider group will be entered to win a free lunch on us!



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