



AmeriHealth Caritas[™]

Delaware

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ProviderPost



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AmeriHealth Caritas Delaware is on Facebook and Instagram!

Follow AmeriHealth Caritas Delaware on Facebook or Instagram for event information, health tips, member information, and more.

Search for **@AmeriHealthCaritasDE** on either social platform to find us.



Fraud Tip Hotline

1-866-833-9718, 24 hours a day, seven days a week.

Secure and confidential.
You may remain anonymous.



Monthly Jiva training sessions offered at no cost via webinar starting July 19, 2021

AmeriHealth Caritas Delaware is offering no-cost, monthly two-hour webinar training sessions to help familiarize your practice with Jiva. Below please find a list of the webinar offerings.

Sessions are offered in both morning and afternoon formats for your convenience. Sessions are specific to inpatient or outpatient requests — choose according to the needs of your practice.

Please review the dates and times offered below, then use the registration link to register for your selection. Please register at least one day prior to the session you wish to attend.

Follow this link to register: <https://www.surveymonkey.com/r/PPMONTHLY>.

Jiva Monthly Training Sessions		
Date	Outpatient	Inpatient
July 19, 2021	2 p.m. – 4 p.m. EDT	9 a.m. – 11 a.m. EDT
August 16, 2021	9 a.m. – 11 a.m. EDT	2 p.m. – 4 p.m. EDT
September 27, 2021	2 p.m. – 4 p.m. EDT	9 a.m. – 11 a.m. EDT
October 25, 2021	9 a.m. – 11 a.m. EDT	2 p.m. – 4 p.m. EDT
November 29, 2021	2 p.m. – 4 p.m. EST	9 a.m. – 11 a.m. EST
December 13, 2021	9 a.m. – 11 a.m. EST	2 p.m. – 4 p.m. EST

Once registered, mark your calendars and look for a confirmation email with details on how to join the webinar. Please plan to join us about 10 minutes before the scheduled start time.

Your Account Executive will be able provide your practice with ongoing assistance and a training manual. If you have any questions about this communication, please contact your dedicated Account Executive.

Diabetes Prevention Program (YMCA of Delaware)

AmeriHealth Caritas Delaware has partnered with the YMCA of Delaware to bring its Diabetes Prevention Program to AmeriHealth Caritas Delaware members at risk for diabetes.

Offered locally by the YMCA of Delaware, the National Diabetes Prevention Program (NDPP) is a yearlong, evidence-based lifestyle change program available at no cost to AmeriHealth Caritas Delaware members (ages 18 and older) who meet program eligibility criteria.

In May 2021, 1,400 AmeriHealth Caritas Delaware members who were eligible for the NDPP received a letter explaining the benefits of the program and instructions on how to enroll. Two NDPP partners — Quality Insights and the YMCA of Delaware — as well as AmeriHealth Caritas Delaware have been enrolling members into the program over the past month.

To qualify for the YMCA's Diabetes Prevention Program, participants must meet the following criteria:

- 18 years of age or older.
- Not pregnant.
- Overweight (BMI > 25 or BMI > 23 for Asian individuals).
- Not diagnosed with Type 1 or Type 2 diabetes or ESRD (end-stage renal disease).

And have one of the following:

- Qualifying risk score as determined by the risk assessment. The score must be 9 points or greater. The CDC Prediabetes Screening Test is available at <https://www.cdc.gov/diabetes/prevention/pdf/prediabetes-screening-test-tag508.pdf>.
- Previous diagnosis of gestational diabetes.
- Diagnosis of prediabetes within the past year via a qualifying blood test value:
 - HbA1c value of 5.7% to 6.4%.
 - Fasting glucose level of 100 to 125 mg/dL.
 - Two-hour plasma glucose level of 140 to 199 mg/dL.

Additional resources:

- To learn more about the program, contact the YMCA of Delaware's Healthy Living Department at 1-302-572-9622 or healthyliving@ymcade.org.
- Providers may also refer members to the program by completing the Healthcare Provider Referral form at https://ymcادهfhlbf.formstack.com/forms/referral_healthy_living.

Please visit <https://www.ymcade.org/preventdiabetes> for a full overview of the program, eligibility criteria, class locations and schedules, and additional diabetes prevention resources.



Community Resource Hub

At one time or another, we all need a little help.

AmeriHealth Caritas Delaware provides a free, searchable website to connect our plan members with online and local, in-person programs and resources. The Community Resource Hub offers free or reduced-cost local services related to **medical care, housing and food, job training, childcare, and more.**

To learn more and help connect your patients with these important services and supports visit www.amerhealthcaritasde.com > Wellness Resources.

Our mission
We help people:



Get care



Stay well



Build healthy communities

We believe everyone should have access to quality health care and services.



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Delaware

www.amerihealthcaritasde.com