



AmeriHealth Caritas Delaware invites you to join a **ECHO™ Mini-Series: Maternal Health, SUD, Stigma and Bias**

An emerging case-based learning model for practitioners

AmeriHealth Caritas Delaware is excited to launch an Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) ECHO clinic — an emerging case-based learning model for practitioners. This opportunity is offered at no cost for participating AmeriHealth Caritas Delaware physicians, psychologists, social workers, and licensed professional counselors within the state of Delaware. Please read on for more information and register to join an ECHO model™ clinic.

What is Project ECHO®?

The “Extension for Community Healthcare Outcomes,” or ECHO model, was developed at the University of New Mexico Health Sciences Center and is now used nationwide in the United States and internationally. The ECHO model facilitates case-based learning for front-line practitioners via teleconferencing clinics. Similar to virtual chart rounds, the ECHO model creates a space where practitioners can share knowledge and build support to better manage patients with complex care needs.

Goals of this program

AmeriHealth Caritas Delaware is committed to reducing bias and stigma in substance use treatment for pregnant members. Ensuring pregnant members have access to care with the support they need to achieve better health outcomes.

Objectives:

- Educate on the stigma and bias pregnant members experience when entering health care offices for care.
- Understand the unique challenges and barriers pregnant members experience when seeking care.
- Identify next steps to create supportive health care environments that are non-judgmental and compassionate, encouraging members to seek care.

For more information on Project ECHO, please visit <https://echo.unm.edu>.



ECHO™ Clinic: An emerging case-based learning model for practitioners

How does the ECHO clinic work?

Practitioners from multiple locations connect at regularly scheduled times through teleconferencing. These virtual ECHO clinics allow practitioners to present de-identified patient cases to a team of peers and experts for mentoring and shared learning. Case-based discussions may also be supplemented with short didactic presentations to improve content knowledge and share evidence-based practices.

Our health plan staff has been trained to facilitate the ECHO model and will guide the experience. Each ECHO session will include participation from a team of specialists with expertise in integrated physical and behavioral care.

ECHO clinics are not intended to replace a practitioner's clinical judgment; the practitioner is responsible for determining applicable treatment for the patients under his or her care.

Are continuing medical education credit hours offered for this program?

Yes. The University of New Mexico School of Medicine, Office of Continuing Medical Education, designates this live activity series for a maximum of 6 AMA PRA Category 1 Credit(s)™. Practitioners should only claim credit commensurate with the extent of their participation in the activity. The Office of Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians, psychologists, social workers, and licensed professional counselors within the state of Delaware.

Do I need special equipment to attend?

It is best if you have a webcam-equipped laptop, tablet, or smartphone to attend the ECHO clinics. Clinics will take place via a cloud-based software application called Zoom. The application is PC- and Mac-compatible and is available at no cost to participants. However, you may need to download Zoom to your laptop, tablet, or smartphone in order to participate.

When and how often will ECHO clinics take place?

| Focus | Start date | Frequency |
|---|--|---|
| Maternal Health, SUD, Stigma and Bias | September 28, 2023 to October 26, 2023 Noon - 1 p.m. ET | Every other week on Thursdays Noon - 1 p.m. ET |
| Registration | | |
| https://amerihealthcaritas.zoom.us/meeting/register/tJMqf--oqz8jG9eJBGzL5NSsmadkWckr1XhP | | |

How do I register to participate?

Click the registration link. Once on the Meeting Registration page, fill out the registration information and then download the meeting date to your calendar.

Once you submit your registration form, you will receive a confirmation email including additional instructions for participation.

Questions?

Please contact the ECHO program coordinator at **1-855-410-6639** or projectecho@amerihealthcaritas.com.

www.amerihealthcaritasde.com

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